

Benchmark for a senior-friendly The Hague

What's important to senior citizens of The Hague?



1. Outdoor Spaces and Buildings

The Hague senior citizens:

- Good maintenance of green areas in neighbourhoods
- Sufficient benches in public areas
- Winter maintenance to prevent falls
- Keep scooters out from cycle tracks
- Safe and easy operability of ATM machines

Professionals:

- Well-illuminated streets and pavements without obstacles



2. Transportation

The Hague senior citizens:

- Good maintenance of cycle tracks and pavements
- Wider cycle tracks
- Sufficient bicycle parking spaces in the city centre
- Public Transport (OV): senior-friendly staff, high frequency of public transport in the evening, accessibility of stops and vehicles, stops close to home, free public transport for people over 65, 70 or 75+
- Local bus: shorter waiting time and a greater distance

Professionals:

- Practise for disabled senior citizens to access public transport



5. Civic Participation and Employment

The Hague senior citizens:

- Refund of the costs made for voluntary work
- More opportunities for senior citizens in the job market



4. Social Participation

The Hague senior citizens:

- Promotion of participation in activities by senior citizens
- Affordable activities for senior citizens
- Community centres in every neighbourhood
- Neighbourhood Restaurants with a good ambiance and which are often open and regularly accessible
- Cooperation between for example theatres, care institutions, sports clubs and the municipal authorities for senior citizens' activities
- A knowledge centre to benefit from each other's knowledge and expertise
- Meeting places to get in touch with neighbours
- Cooperation between family doctors, senior advisors, neighbourhood contact persons and elderly care professionals
- Initiatives to prevent social isolation among senior citizens

Professionals:

- Initiatives and involvement of senior citizens in assisting and organizing activities
- Affordable activities for senior citizens
- Senior citizens often do not ask for help. This should be taken into account



3. Housing

The Hague senior citizens:

- Affordable lifetime homes for senior citizens
- Focus on accessibility of homes
- Feeling safe in one's own home

Professionals:

- Focus on accessibility of buildings by housing associations
- Feeling safe in one's own home



6. Communication and Information

The Hague senior citizens:

- Help for senior citizens to become familiar with modern media
- Experts senior citizens can turn to for questions in community centres or through home visits by students
- Good readability and understandability of information
- Practical solutions for senior citizens who do not make use of the internet
- Make the availability of help with new media for senior citizens more widely known

Professionals:

- It must be clear for senior citizens who they can turn to with their questions



7. Respect and Social Integration

The Hague senior citizens:

- Increase neighbourly help through representation of all ages in a neighbourhood

Professionals:

- The church is disappearing more and more from the lives of senior citizens, therefore social activities are important for them



8. Community Support and Health Services

The Hague senior citizens:

- Increase social networks for informal care
- Better quality of domestic care
- Involvement of the 60-70 year old with persons over 80 who are in need of help
- Provide a means of compensation for informal care

